

Well Being

is a Rainbow Flag

Putting Well-Being
Back into the Lives of
LGBT Elders Through
Person-Directed Practices

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Person-directed care involves knowing every person well. This includes the LGBT community.

Getting comfortable with the acronym.

- Lesbian
- Gay
- Bisexual
- Transgender
- Queer





LGBT older adults: scope and unique issues



- The Silent Generation
- Baby Boomers

Why is this important?

Source: Sage's Improving the Lives of LGBT Elders

A diverse and hidden population

- 1.5 million Americans Over 65 Are LGBT
- 80% live alone
- 90% have no children
- May not have traditional family support
- May be isolated from LGBT community
- More likely to face poverty and economic insecurity
- Five times less likely to access senior services
- Part of a 'youth-centric' culture.

Let's Get Real
With Our Own

ATTITUDES

WHAT'S YOUR ATTITUDE?



Identity

- individuality
- wholeness
- personhood
- having a history
- being well known

Connectedness

- state of being connected
- alive
- belonging
- engaged
- involved
- not detached
- connected to the past, present and future
- connected to personal possessions
- connected to place
- connected to nature

Meaning

- significance
- heart
- hope
- import
- value
- purpose
- reflection
- sacred



Autonomy

- liberty
- self-governance
- self-determination
- immunity from the arbitrary exercise of authority
- choice
- freedom

Security

- freedom from doubt, anxiety or fear
- safe, certain, assured
- having privacy, dignity and respect



Growth

- development
- enrichment
- unfolding
- expanding
- evolving



Joy

- happiness
- pleasure
- delight
- contentment
- enjoyment



You Are a Star!



How can you start the change process?



Take a Look at Your . . .

Visual
Cues

Marketing
Materials:

Brochures

Flyers

Activity
Calendars

Language

What is said

vs.

What is not said

Non-
Discrimination
Policy

Visitation Policy

Staff Training

More Person-Directed Care Practices

- Dedicated Staff Assignment
- Person Before Task
- Meaningful Engagement



Putting this into Practice

Case Studies

- How would respond?
- What resources could you offer?
- How can you make this Elder feel safe?




And there is so much more to do...

We need to understand LGBT history and concerns

Integrated elder services, social programs, and senior centers

LGBT outreach and liaison.

LGBT older adults are reluctant to reach out



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